## Lunch Buffet



## This is how the Lunch Buffet is setup:

(1) (2) (3) (4) (5) (6) (7) (8) (9) (10)

- (1) daily Meat/Fish dish
- (2) daily Vegetable dish (vegetarian)
- (3) side Vegetable (vegetarian)
- (4) Starch, such as Pasta, Potatoes or Rice (vegetarian)
- (5) daily Dessert
- (6) Salad dressings
- (7) daily side Salad (vegetarian)
- (8) Salad condiments (vegetarian)
- (9) green leaves Salad (vegetarian)
- (10) Japanese Rice

## Rules of the Lunch buffet:

- \* daily changing main menues, one meat, one vegetarian
- \* providing every day a side vegetable
- \* providing every day japanese rice
- \* daily side Salad must be vegetarian
- \* twice a month is fish day
- \* side vegetable if possible must be steamed to keep nutritions as much as possible
- \* at least once a week fresh fruits for dessert, if possible twice a week
- \* Menu must contain german and japanese dishes at most. Other cuisine can be used.
- \* every day 6 salad condiments such like tomato, cucumber, corn etc.
- \* a sample of the Lunch is always displayed at the buffet
- \* fontain drink can be refilled once only